



Result – DMOWC, MIDDLE DISTANCE

2023-09-03 - Vallentuna, Stockholm



DMOWC M40

	4000 metres	Time	Diff.
1.	Tomas Kuzminskis Vilnius DSC Gestas	33:31	
2.	Oleksandr Sankin Kyivska Rus	50:16	+16:45
3.	Ton Vlasveld KNDSB Minor OL	1:47:36	+1:14:05

DMOWC M50

	3450 metres	Time	Diff.
1. Allan Thesbjerg	DIK Dan	43:39	
2. Aldis Strozis	NIK Zala Paparde	52:08	+8:29
3. Josef Prochazka	SK Skivelo Olomouc	54:06	+10:27
4. Peteris Kursitis	IK Hephata	55:19	+11:40
5. Szebeli Istvan	SSC Budapest	1:00:14	+16:35
6. Andis Krams	NIK Zala Paparde	1:09:51	+26:12
7. Oleksii Nashyvochnikov	Kyivska Rus	1:10:51	+27:12
8. Geir Willumsen	Freidig	1:30:04	+46:25
9. Thomas Edward Wells	Quantico OC	2:11:30	+1:27:51
Oleg Lavryk	Kyivska Rus	MP	
Carl-Erik Sjöberg	IK Virtus	DNF	
Raitis Ozols	NIK Zala Paparde	DNF	
Jonas Berglund	IK Hephata	DNS	

DMOWC W50

1. Anne-Marie Strömsten
2. Ilvi Vare
3. Anna Pålsson
4. Inguna Krama
5. Arja Kantola
Agita Intsone

2775 metres

- IK Virtus
Pärnu KSS Eero
IK Hephata
NIK Zala Pärarde
ULJAS Tampere
NIK Zala Pärarde

Time

- 55:56
1:02:08
1:04:13
1:10:08
1:23:41
DNS

Diff.

- +6:12
+8:17
+14:12
+27:45

DMOWC M60

1. Matti Betlem
2. Curt Ljungberg
3. Andrii Ieger
Arunas Kubaitis
Ove Wallster

3250 metres

- Talkur
IF Nerike
Kyivska Rus
Vilnius DSC Gestas
IK Hephata

Time

- 51:58
52:37
1:55:58
MP
DNS

Diff.

- +0:39
+1:04:00

DMOWC W70

1. Annelise Hansen

1975 metres

Døvania

Time

1:14:58

Diff.