



# Bulletin No. 2.1

**5<sup>th</sup> World Deaf Orienteering Championships**  
**1<sup>st</sup> World Deaf Junior Orienteering Championships**  
**Deaf Masters Orienteering World Cup**



**5<sup>th</sup> WORLD DEAF  
ORIENTEERING  
CHAMPIONSHIP**  
29 AUG – 5 SEP '23





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## 1. Speech by the President of Organization Committee

**Greetings** from the organizing committee of the 5th Deaf Orienteering Championships in Stockholm! We can hardly believe it ourselves, but there are only a few months left until the big event, and the excitement is palpable! Our team has been working tirelessly with the Stockholm Orienteering Association, the organizing associations, and ICSD to make sure that this championship will be an unforgettable experience for everyone involved. We've been tackling any minor issues that arise and are confident that everything will be ready for the big day.

We'd like to extend a special invitation to all of you to participate in our official training package from June 2-4. This is an incredible opportunity to gain experience in the challenging terrain of Stockholm, which even the world's best orienteers find daunting. Trust us, it's an experience you won't want to miss! As the championship draws closer, we'll continue to optimize and prepare, ensuring that every detail is perfect. And when you arrive in Stockholm, you can rest assured that we'll be there to welcome you with open arms. So come join us in Stockholm for the 5th Deaf Orienteering Championships! It's going to be a truly unforgettable experience, and we can't wait to see you there.



*Per Markström, president organization committee*





## 2. Organization Committee

**Per Markström**, President Organization Committee, *Swedish Deaf Sports Federation*  
**Lars Gerhardsson**, Competition Director, *Stockholm's Orienteering Federation*  
**Per Forsberg**, Competition Director, *Stockholm's Orienteering Federation*  
**Henrik Eklund**, Sport Director, *Swedish Deaf Orienteering*  
**Frej Fredman**, Event Coordinator, *Swedish Deaf Sports Federation*  
**Sofia Lindevall**, Media Manager, *Swedish Deaf Sports Federation*

The competition directors are also working with following Orienteering Clubs, **Attunda OK & IFK Enskede** and their respective directors.

## 3. Technical Committee

**Jaroslav Janiec**, ICSD Representative (Poland)  
**Lasse Forsberg**, SOFT National Controller (Sweden)  
**Oleg Lavryk**, Temporary ICSD Orienteering Sport Director (Ukraine)  
**Lars Gerhardsson**, Competition Director (Sweden)

## 4. Event controllers

**Lasse Forsberg**, SOFT National Controller (Sweden)  
**Oleg Lavryk**, Temporary ICSD Orienteering Sport Director (Ukraine)

## 5. Contact

**Frej Fredman**, Event Coordinator,  
*Swedish Deaf Sports Federation*  
 E-mail: [wdoc23@dovidrott.se](mailto:wdoc23@dovidrott.se)  
 Skype: SDI Frej  
 WhatsApp Video: +46 70 109 03 37

## 6. Program

Tuesday 29 August	Arrival & Technical Meeting Sprint
Wednesday 30 August	Model Event Sprint (morning) & Sprint Individual (afternoon)
Thursday 31 August	Super-Sprint Relay
Friday 1 September	Rest day / Model Event Forest + Technical Meeting Forest
Saturday 2 September	Long Distance
Sunday 3 September	Middle Distance
Monday 4 September	Relay & Closing Ceremony
Tuesday 5 September	Departure





## 7. Registered countries WDOC & WDJOC

### WDOC23 - PRELIMINARY REGISTRATION

	MEN	WOMEN	OFFICIALS	TOTAL
CZECH REPUBLIC	4	4	2	10
DENMARK	3	0	1	4
ESTONIA	3	3	2	8
FINLAND	3	5	2	10
GERMANY	1	0	2	3
GHANA	6	6	12	24
HUNGARY	3	1	1	5
KAZAKSTAN	4	3	1	8
LITHUANIA	4	4	4	12
NORWAY	3	1	3	7
RUSSIAN FEDERATION*	6	5	6	17
SWEDEN	4	3	3	10
UKRAINE	6	4	4	14
USA	3	4	0	7
<b>TOTAL</b>	<b>53</b>	<b>43</b>	<b>43</b>	<b>139</b>

\* AS PER CURRENTLY DECISION FROM ICSD RUSSIAN FEDERATION AREN'T ALLOWED TO PARTICIPATE IN WDOC

### WDJOC23 - PRELIMINARY REGISTRATION

	MEN	WOMEN	OFFICIALS	TOTAL
GHANA	6	4	10	20
KAZAKSTAN	4	3	1	8
LATVIA	1	0	1	2
RUSSIAN FEDERATION*	5	4	4	13
UKRAINE	1	0	1	2
<b>TOTAL</b>	<b>17</b>	<b>11</b>	<b>17</b>	<b>45</b>

\* AS PER CURRENTLY DECISION FROM ICSD RUSSIAN FEDERATION AREN'T ALLOWED TO PARTICIPATE IN WDOC

## 8. Preliminary registered clubs – DMOWC

### MEN

	40+	50+	60+	70+
SPRINT	1	12	2	3
SUPER SPRINT RELAY	1	9	4	2
MIDDLE	2	11	5	3
LONG	2	10	4	3
RELAY	1	8	4	2

### WOMEN

	40+	50+	60+	70+
SPRINT	2	6	2	1
SUPER SPRINT RELAY	2	4	2	
MIDDLE	1	7	2	1
LONG		6	2	1
RELAY		4	1	

Registrered clubs	Athletes
Dövania (DENMARK)	4
Gestas Vilnius (LITHUANIA)	2
IF Nerike (SWEDEN)	1
IK Dan (DENMARK)	1
IK Hephata (SWEDEN)	5
IK Virtus (SWEDEN)	2
Jalo (FINLAND)	2
Kaar (ESTONIA)	1
Kyivska Rus (UKRAINE)	2
Jönköpings DIK (SWEDEN)	1
Pärnu (ESTONIA)	1
Quantico (USA)	3
SK Skivelo (CZECH REP)	1
SSC Budapest (HUNGARY)	1
SSV (SWITZERLAND)	1
Uljas Tampere (FINLAND)	1
Zala Páparde (LATVIA)	5
<b>TOTAL</b>	<b>34</b>





## 9. Embargoed Areas

**Orange** – Middle & Long

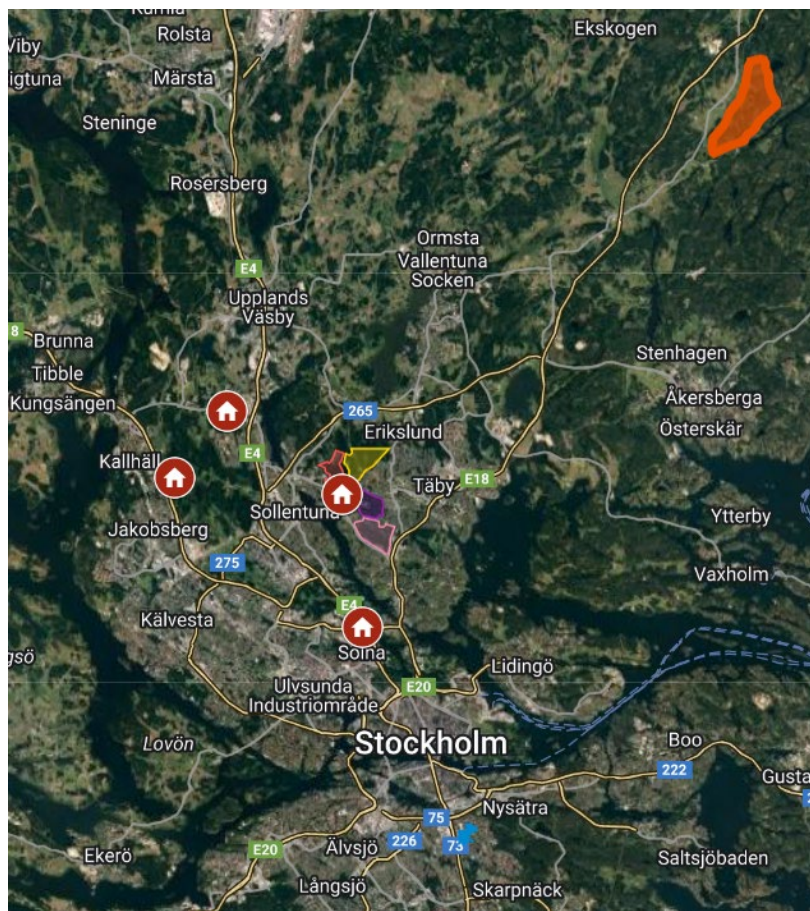
**Yellow** – Relay (Full information will be provided in Bulletin 3)

**Blue** – Sprint & Super-Sprint Relay

With reference to the IOF Competition Rules, the listed areas are embargoed for all potential WDOC, WJDOC, DMOWC team members as well as coaches, team leaders and other persons that may be able to give information to the team members. It is permissible to pass through the embargoed areas using paved public roads any means of transportation (car, bike, foot etc.)

The embargoed areas are shown on the maps below, link to the embargoed areas, accommodations and several important places can be found here;

<https://www.google.com/maps/d/viewer?mid=1t-NnmgI0Fk5OfbzxE226w-XxaQje9-c&usp=sharing>





## SPRINT & SUPER-SPRINT RELAY – 30<sup>th</sup> + 31<sup>st</sup> AUGUST



The sprint and super-sprint relay events will be competed in a newly drawn area, never used in any competition or trainings. The events are close by the famous **Avicii Arena** (former known as Stockholm Globe Arena) and **Tele2 Arena**, which the WDOC23 official logo are inspired from.





**Competition:** Sprint individual  
**Date & time:** 30 August ~15.00  
**Organizing club:** IFK Enskede

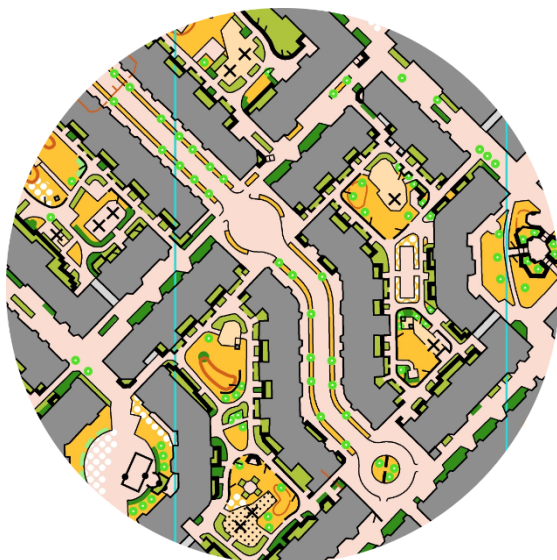
### Description of the terrain

The area is built up in the 1980's by three floor buildings mostly formed in squares around courtyards with walking paths and children's playgrounds. There are almost no cars except for a larger street which must be crossed at certain passages marked on the map.

The area has never been mapped although it is a very interesting sprint-area where you must be a fast map reader. It is important to keep in mind what to do next if you like to run fast, which is possible since there is almost no climb at all in this area.

The surface contains around 90 % asphalt and 10 % grass.

### Pictures of the map & terrains





**Competition:** Super-Sprint Relay

**Date & time:** 31 August ~ 15.00

**Organizing club:** IFK Enskede

### Description of the terrain

Compared to the individual sprint area this one is quite hilly. The buildings are much more scattered in this neighbourhood much more characterized by the nature with a lot of trees and slopes in between. You can keep high speed since you probably will find it quite easy. The challenge is instead finding the best runnable way between these buildings and of course to be alert in all three laps!

The surface contains around 60-70 % asphalt and 30-40 % gras and gravel.

### Pictures of the map & terrains

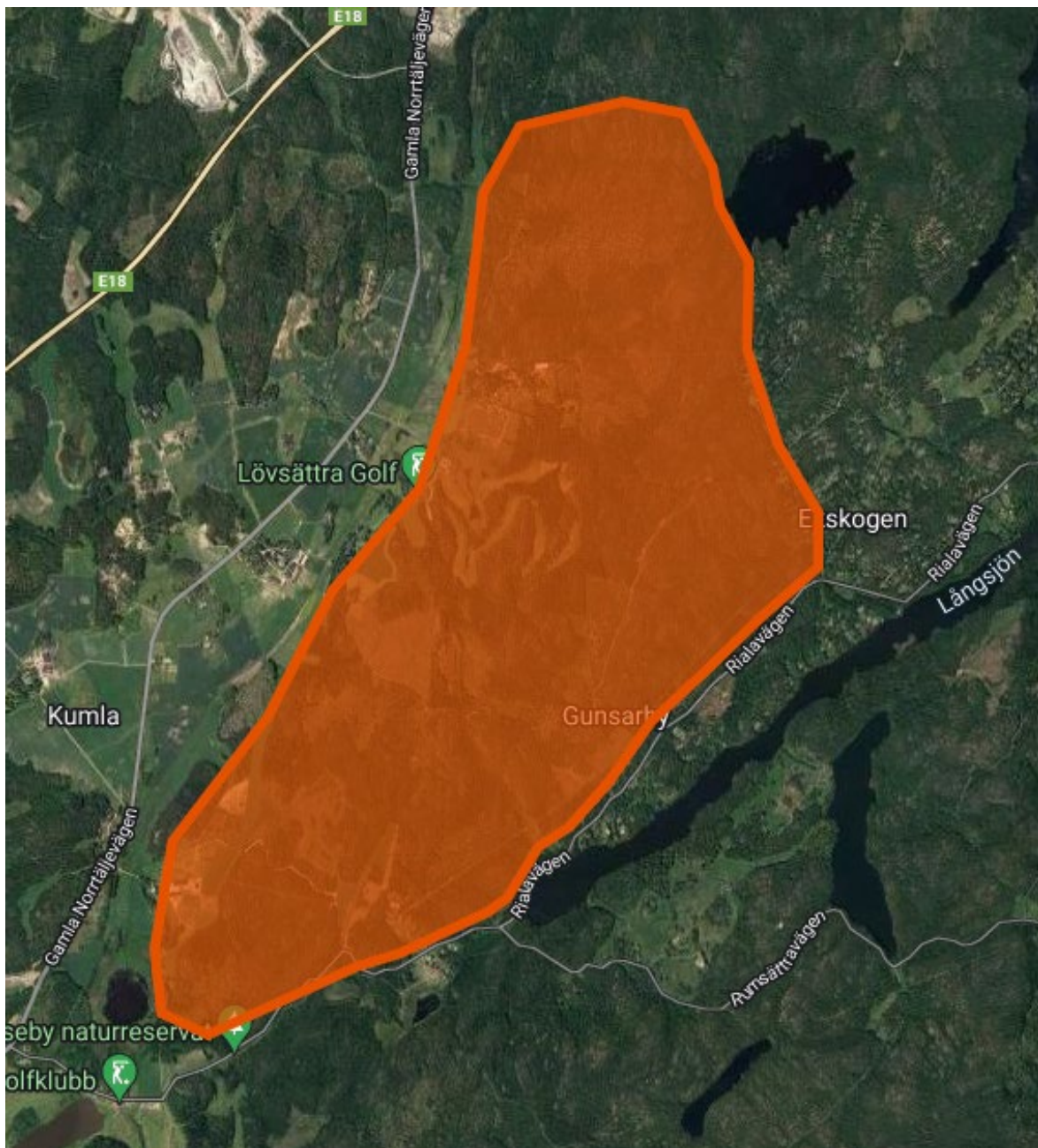






## LONG & MIDDLE – 2<sup>nd</sup> & 3<sup>rd</sup> September

The Middle- and Long-distance events will be held in the very northern part of Stockholm region, part of **Bromseby Nature Reserve**. The competition will take place in parallel with **Stockholm Regional Championship** in Middle- & Long-distance competitions expected to gather more than 1000 competitors.





**Competitions:** Long & Middle

**Dates & times:** 2 September ~ 9.00 (long) & 3 September ~ 10.00 (middle)

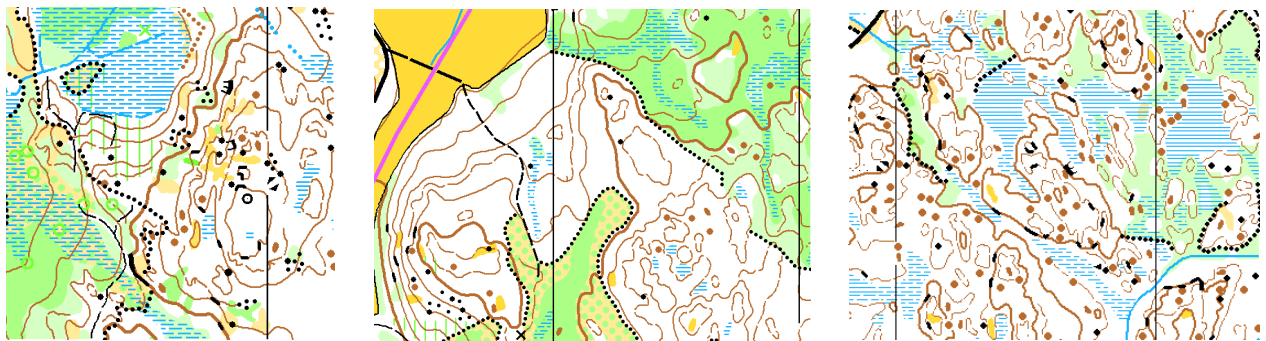
**Organizing club:** Attunda OK

### Description of the terrain

The competition area is mainly pine forest with sparse occurrence of roads and paths, with good runnability mixed with obstructed runnability. The area contains marshes in various sizes and runnability.

Elevation is low steepness with some occasional higher elevations with passable cliffs occurrences.

### Pictures of the map & terrains (more terrain pictures in the next Bulletin)





## RELAY – 4<sup>th</sup> September (place not finalized yet)

The final competition of the WDOC23, relay, unfortunately does not have a finalized place yet due to several reasons. We apologize for not being able to inform you exactly where in the current state. The OC and arranging clubs alongside with Stockholm Orienteering Federation are working on finalizing this. As soon as the place are finalized, we will inform all participating countries, the area however is going to be in the any of the forests around **Rösjöbaden Camping** which means it is important that everyone staying in Rösjöbaden don't enter the embargoed areas. Please see the picture below for embargoed areas!

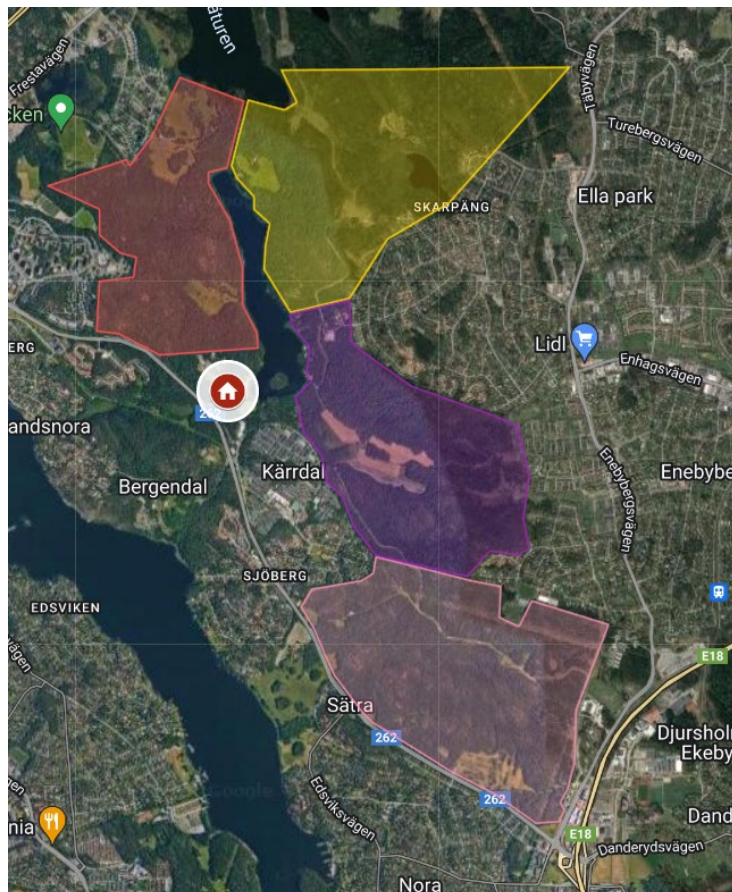
**Competition:** Relay

**Date & time:** 4 September ~ 10.00

**Organizing club:** Attunda OK

### Description of the terrain

To be announced in the next Bulletin.





## 10. Spectator races

We are also offering spectator races in sprint, middle & long distances. Spectators, officials etc. who wish to run an open course in different levels - very easy, easy, medium-hard & hard). Each competition-fee is around 15€ and should be paid upon place by cash.

The courses **ARE NOT** same as WDOC, WDJOC or DMOWC but in same area and same map.

**31<sup>st</sup> August – Sprint individual (after WDOC & DMOWC Super-Sprint Relay)**

**2<sup>nd</sup> September – Long (parallely with WDOC & DMOWC)**

**3<sup>rd</sup> September – Middle (parallely with WDOC & DMOWC)**

**NOTE:** The accommodations are prioritizing to participants for WDOC, WDJOC & DMOWC. We aim to offer spectators accommodation, transport etc. as well but only after participants in WDOC, WDJOC & DMOWC are done with their reservations.

## 11. Training Package – 2-4 June 2023

We're happy to offer you all a **Training Package** between 2<sup>nd</sup> thru 4<sup>th</sup> June 2023. The package aims to offer all participating countries the possibility to train in the relevant terrains close to each competition areas. The training package includes accommodation in Rösjöbaden Camping or club house of Attunda OK with opportunities to cooking meals together. The Training Package include sprint, middle, long and relay trainings with maps, controls etc. Please see the separate Bulletin & forms for training package or visit [www.svenskdoviddrott.se/wdoc23/training-package!](http://www.svenskdoviddrott.se/wdoc23/training-package!)





## 12. Accommodation

We are going to offer you different options of accommodation depending on your preferences as well as economic preference. Map with the official embargoed areas & accommodations can be found here: <http://bit.ly/3JiG8F5>

### HOTEL – Scandic Järva Krog

High Quality hotel located in Solna in which we have our Event Centre. You may also add **Sports Lunch & 2-meals Dinner** in your reservation. The most expensive option, but also the most comfortable option.

### DOUBLE ROOM – 30 ROOMS RESERVED - 130 € PER NIGHT

#### *Including*

- **Breakfast**
- **Access to SPA & relax**
- **Free Wi-Fi**

#### *Possibility Add-on*

**LUNCH BUFFET – 22 € per day & person**

**2-COURSE MEAL (DINNER) – 38 € per day & person**





## Camping & cottages – Rösjöbaden Camping & Cottages

The second option is to reserve cosy cottages (houses) in camping site, **Rösjöbaden Camping & Cottages**, which also have possibility to reserve parking spot for your caravan & camper. The camping is close by Rösjön & Rösjöskogens Nature Reserve, not too far away from Sollentuna Centrum.

**COTTAGES (3 or 4 peoples per cottage) – 25 COTTAGES RESERVED – 135 € PER COTTAGE & NIGHT**

### *Including*

- **2x 90 cm beds & 1x 130 cm bed-sofa**
- **Own kitchen**
- **Own shower**
- **Sheets & towels**
- **Cleaning at departure**
- **Free Wi-fi & TV**
- **Access to café**

**CARAVAN/CAMPER PARKING – 190 SPOTS AVAIABLE – 38 € PER NIGHT**

### *Including*

- **Electric to your Caravan/Camper**
- **Access to public shower**
- **Access to café**





## CLUB HOUSES – Ytterby & Granskog – 20 € PER PERSON & NIGHT

We are happy to offer you the possibility to book club house of orienteering clubs. The houses have toilets, shower, cooking possibilities and saunas! You need to bring your own madras & sleeping bag and cook the meals by yourselves. Everyone picking this option also needs to clean together before departure.

### Including

- **Sauna**
- **Shower**
- **Free Wi-Fi**
- **Kitchen & kitchen equipments**

**NOTE:** Min 10 & max 20 peoples in each house, in case it's fewer than 10 peoples picking this option we need to increase the price per night.

Please fill the **accommodation form** and send it to us, not later than **15 June 2023!**

## 13. Transport

We will provide transport between **Arlanda Airport & Scandic Hotel Järva Krog, Rösjöbaden Camping** and **Club Houses**. We also provide transport from accommodations to/from the **Competition Areas**, to make everything smooth please fill the transport form not later than **15 July 2023!**

## 14. OC-fee

An OC-fee including will be required for every athletes & officials to be paid, the fee is covering following expenses:

- Transport
- Medals
- Expenses to arranging clubs.
- Maps, number bibs etc.

	Each distance (DMOWC only)	Package fee (DMOWC + WDJOC + WDOC participants)
<b>Athletes</b>	<b>30 €</b> <b>20 € (own transport)</b>	<b>100 €</b>
<b>Officials</b>	<b>10 €</b> <b>0 € (own transport)</b>	<b>40 €</b>
<b>SIAC+ rent</b>	<b>5 €</b>	<b>20 €</b>





## 15. Registration fee for ICSD

Every athletes & officials for WDOC & WJDOC must pay a registration fee to ICSD with the amount of **40 \$ (US DOLLAR)**. ICSD is responsible to send out invoices to all federations after the final Name Registration form.

**NOTE:** DMOWC athletes & officials doesn't need to pay the ICSD registration fee!

## 16. Competition Rules

16.1 The Orienteering competitions will be conducted in accordance with the Technical Regulations WDOC 2023 / WJDOC 2023 and Regulations of the IOF version 1.21 valid from 1 February 2023:

<https://onedrive.live.com/embed?resid=663580750D0C0BCE%2148355&authkey=!AM5dXV3P5XjIAxY&em=2&wdHideHeaders=True&wdDownloadButton=False>. Subsequent amendments will be published on the official IOF web site at <http://www.orienteering.org/>. In case of

disagreement in the interpretation of the Rules and Regulations, the English text shall prevail. Unforeseen incidents not covered by the Rules and Regulations shall be dealt with as follows:

- a) cases of a general nature will be resolved in accordance with ICSD Regulations, ICSD General Technical Rules and this Orienteering Technical Regulations.
- b) technical questions related to competition rules shall be resolved according to the IOF Rules and Regulations.
- c) only athletes who comply with the ICSD Regulations are entitled to take part in the ICSD Orienteering competitions.

16.2 The orienteering competitions of the Deaf Masters Orienteering World Cup will be conducted in accordance with the Technical Regulations DMOWC 2023.

## 17. Participants and Classes

### WDOC & WJDOC:

Each National Federation may enter a maximum number of twelve (12) competitors – six (6) men and six (6) women.

**Sprint Distance** - each nation may enter three (3) women and three (3) men.

**Middle Distance** - each nation may enter three (3) women and three (3) men.

**Long Distance** - each nation may enter three (3) women and three (3) men.







## WDOC:

**Relay** - each nation may enter **one (1) women's team** and **one (1) men's team**, each consisting of **three (3) team members**. Incomplete teams and teams with runners from more than one Federation are not allowed.

**Super-Sprint Relay** - each nation may enter **one (1)**, each consisting of **two (2) mixed team members**. Incomplete teams and teams with runners from more than one Federation are not allowed.

## WJDOC:

**Relay** - each nation may enter **one (1) women's team** and **one (1) men's team**, each consisting of **two (2) mixed team members**. Incomplete teams and teams with runners from more than one Federation are not allowed.

## DMOWC:

Individual Events (**Sprint, Middle** and **Long**) - there is no limit on athletes from each National Federation from clubs.

**Super-Sprint Relay** will be conducted in the spirit in the form of mixed teams of different classes men and women from different participating clubs, more details about Super-Sprint Relay in DMOWC will be provided in the final Bulletin depending on number of participants.

**Relay** will be mixed teams of 2 runners in each team, the teams will be decided after final entries depending on number of participants registered.

Class	Year of birth	Representant
WM 18 (WDJOC)	2005 or later	Country
WM 21 (WDOC)	Free	Country
WM 40 (DMOWC)	1983 or earlier	Club
WM 50 (DMOWC)	1973 or earlier	Club
WM 60 (DMOWC)	1963 or earlier	Club
WM 70 (DMOWC)	1953 or earlier	Club

## Legend:

WDOC = World Deaf Orienteering Championships  
 WDJOC = World Deaf Junior Orienteering Championships  
 DMOWC = Deaf Masters Orienteering World Cup  
 W = women  
 M = men





## 18. Entries and Registration

ICSD are responsible for entry forms regarding **WDOC** and **WDJOC**, the OC are responsible for forms regarding **DMOWC** – please respect the deadlines for making OC and ICSD work smoother!

- ~~Preliminary Registration deadline: 01 January 2023~~
- Name Registration **DMOWC** + SI-numbers: **29 July 2023**
- Name Registration **WDOC** + **WDJOC** + SI-numbers: **29 July 2023**

Name registration form for **DMOWC** will be sent out during June-month!

## 19. Punching System

The SPORTIdent punching system will be used with SIAC+ Touch Free available for Sprint competitions. SI-sticks will be available to rent, more information in further bulletins.

## 20. Visa

If you are coming from a country in the EU or from the Schengen area you do not need a visa to enter Sweden.

For participants from other countries, please find the visa requirements at: [www.swedenabroad.com](http://www.swedenabroad.com)

## 21. Social Media

Please visit our official website at [WDOC23 | Svenska Dövidrottsförbundet](http://WDOC23 | Svenska Dövidrottsförbundet) and our Facebook page [5th World Deaf Orienteering Championship 2023](http://5th World Deaf Orienteering Championship 2023)

**WELCOME TO SOLNA & STOCKHOLM  
AUGUST-SEPTEMBER 2023!**

